



GOULD-JACOBSON DERMATOLOGY

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POSTOPERATIVE INSTRUCTIONS

The procedure the doctor has performed on your skin has left you with an area that requires daily care in order to prevent infection and promote the best healing.

Please follow the simple instructions below.

1. **Keep the area dry until tomorrow morning.**

2. Thereafter every day you:

- Wash hands
- Remove old bandage
- Cleanse gently with mild soap and water
- Dry the area gently
- Apply petroleum jelly, Vaseline or Aquaphor ointment over and around the wound
- Keep covered with the ointment and Telfa or band-aid for _____ * days.

BLEEDING: A small amount of bleeding is normal. If bleeding persists apply firm pressure over the bandage for 20-30 minutes without interruption. If bleeding continues, call our office.

HEALING: Continue to clean the area as directed above until the wound is healed. Shave biopsies may take several weeks to heal. Continue to cover the wound with ointment and a bandage until the raw surface is replaced by real skin. If the bandage is causing skin irritation, switch to gauze and paper tape.

SUTURE REMOVAL: If your biopsy required sutures you will return to our office in _____ * days for suture removal. At that time steri-strips will be placed on the wound. The steri-strips will give additional strength to the wound and will fall off on their own.

BIOPSY RESULTS: You will be called with your biopsy results in approximately one–two weeks. If you have not heard from us within two weeks, or have further questions, please call our office.

*Note: Please consult with your doctor.

IF YOU FEEL THAT INFECTION (increased redness, pain, or pus) IS PRESENT OR OTHER COMPLICATIONS ARISE, CALL YOUR DOCTOR AT 650-327-5783.