



## GOULD-JACOBSON DERMATOLOGY

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### **LIQUID NITROGEN TREATMENT**

Liquid nitrogen is applied with a cotton swab or spray apparatus until freezing occurs throughout the lesion and a little of the tissue around it.

You may expect some pain during the treatment and for a short time afterwards. Aspirin or Tylenol will usually relieve pain.

A blister may form. This may be filled with a clear fluid or a dark bloody fluid. It is best to leave the blister alone and allow it to dry; however, if you have a great deal of discomfort, you may prick the edge of the blister with a sterilized needle to relieve pressure. It is also advisable to leave the blister uncovered, but a loose dressing may be applied for a short period, if necessary to keep the blister from being rubbed or scratched. If the lesion is raw, you may cover it with ointment (antibiotic or Vaseline) and a band-aid.

The blister will heal much like a small burn, drying in about two weeks. The skin underneath will be red or purplish, but the color will fade in time, leaving little or no scarring.

If the lesion persists after liquid nitrogen treatment, please come back to the office for further evaluation/treatment. Many lesions require more than one application of liquid nitrogen.

If you have any questions about the healing process, please do not hesitate to contact us at 650-327-5783.